

CASIO
Module No. 208

User's Guide

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Dear Customer,
Congratulations on your purchase of this Casio Digital Quartz Watch. Although highly sophisticated, this watch is delightfully simple to use, and by referring to this guide you will enjoy all the features of this reliable ultra-precise timepiece.

Notice: As this watch contains precise electronic components, the back cover should only be removed by authorized personnel.

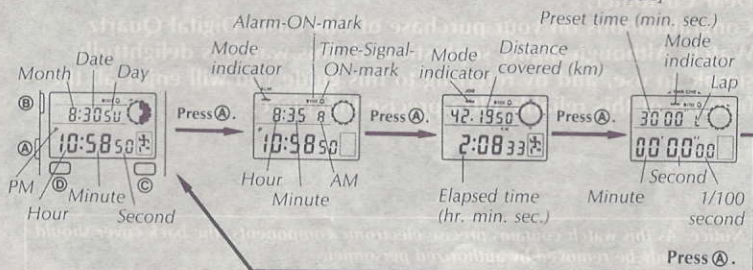
Reading the display

[Regular timekeeping mode]

[Daily alarm mode]

[Pacer mode]

[Timer/stopwatch mode]



SU: Sunday MO: Monday TU: Tuesday WE: Wednesday TH: Thursday FR: Friday
SA: Saturday

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Setting daily alarm

If the daily alarm is set, the buzzer sounds for 20 seconds at the preset time every day until cleared. To stop the buzzer, press the (C) or (B) button. If the time signal is set, the watch sounds every hour on the hour.

(Sound demonstration) Press and hold the (C) button in alarm mode to sound the buzzer.

[Hour setting]

[Minute setting]



(Quick digit advance) When the (C) button is pressed for more than 2 seconds, the digit advances quickly. When released, the digit advance will stop.

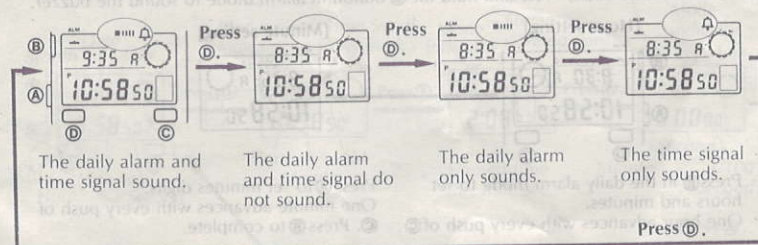
[ON or OFF setting of daily alarm and time signal]

[The alarm-ON-mark and time-signal-ON-mark appear.]

[The alarm-ON-mark and time-signal-ON-mark disappear.]

[The alarm-ON-mark only appears.]

[The time-signal-ON-mark only appears.]



Pacer operation

It computes the length and number of your strides with any chosen pace to give elapsed time and distance covered.

[How to make use of the Pacer mode]

[Distance covered]

[Number of strides]

[Length of stride]



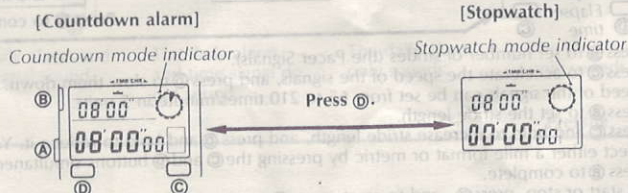
- 1) Press **[M]** to set number of strides (the Pacer Signals). Press **[M]** to accelerate the speed of the signals, and press **[M]** to slow them down. The speed of the signals can be set from 65 to 210 times/minute in 5 units.
- 2) Press **[M]** to set the stride length. Press **[M]** and hold to increase stride length, and press **[M]** and hold to reduce it. You can select either a mile format or metric by pressing the **[M]** and **[M]** buttons simultaneously.
- 3) Press **[M]** to complete.
- 4) To start or stop, press **[M]**, and to reset, press **[M]**.

Timer/stopwatch operation

If any time up to 59 minutes 59 seconds is set, the countdown can be started. Start/stop operation is possible by pressing the **C** button and is confirmed by a signal. When the display reaches zero, the buzzer will sound for 10 seconds and the display can be used as a stopwatch which counts up to 59 minutes 59.99 seconds.

(Repeat function) When the display is reset to zero, the pre-entered time is retrieved by pressing the **B** button.

Every time the **C** button is pressed, the display switches between the countdown and stopwatch.

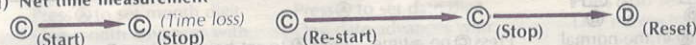


[Presetting countdown]

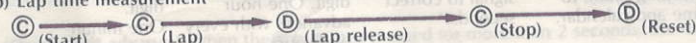
- 1) Press the **B** button when the display is stopped.
- 2) Press the **C** button to advance minutes one by one and hold to advance quickly.
- 3) Press the **A** button to set seconds.
- 4) Press the **C** button to advance seconds one by one and hold to advance quickly.
- 5) Press the **B** button to complete.

[Stopwatch operation]

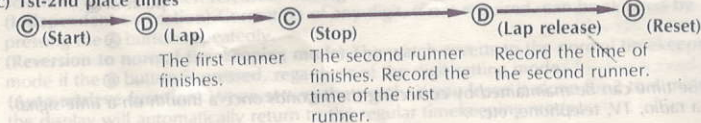
(a) Net time measurement



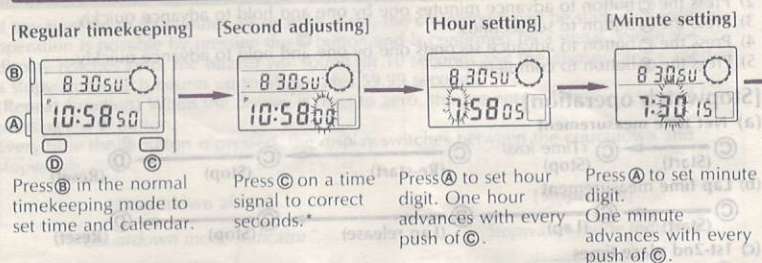
(b) Lap time measurement



(c) 1st-2nd place times



Setting time and calendar



*Precise time can be maintained by correcting the seconds once a month on a time signal from a radio, TV, telephone, etc.

IMPORTANT: Setting sequence MUST BE FOLLOWED when making any new setting.



(Quick digit advance) When the **C** button is pressed for more than 2 seconds, the digit advances quickly. When released, the digit advance will stop.

(Independent correction) Correction of any digit, if not required, can be skipped by pressing the **A** button repeatedly.

(Reversion to normal timekeeping mode) The watch reverts to the normal timekeeping mode if the **B** button is pressed, regardless of the digit setting mode.

(Auto-retrieve function) When setting the watch, if you leave it alone for 2 to 4 minutes, the display will automatically return to the regular timekeeping mode.

Battery replacement

The battery in the watch was installed at the factory, so its life may not necessarily extend 2 years from the date of purchase. Signs that battery power is weakening are when the watch loses time; the display dims or does not appear at all. The battery should then be replaced with a new one, which will be good for about 2 years. This should be done at the store where purchased or at a nearby authorized Casio watch distributor.

Care of your watch

For continuous, trouble-free, accurate service, please note the following:

- Avoid exposing it to extremely high and low temperatures.
- Although the case is so constructed that water cannot easily permeate under normal use, avoid exposing it to undue water pressure by submerging it when bathing, swimming, car washing, etc.
- Although the watch is designed to withstand shocks under normal use, it is inadvisable to subject it to hard knocks — rough usage or drops onto hard surfaces —
- As this watch contains precise electronic components, the back cover should only be removed by authorized personnel.

- When the watch becomes dirty, clean it with a dry cloth or a soft cloth moistened with mild soap. Never use benzine or lacquer thinner.
- Avoid exposing the watch to strong chemicals such as gasoline, cleaning solvent, aerosol spray, adhesive agent, paints, etc. whose chemical action will destroy the seals, case and finish.

■ Notes on gold-plated watches

1. To keep the watch clean, wipe it gently from time to time with a soft damp cloth.
2. When damp with perspiration, wipe it thoroughly with a soft dry cloth so that rusting can be prevented. (Corrosion spots on gold plated surfaces can easily be removed using detergent.)
3. Keep the watch in a dry place when it is not in use.

Specifications

Accuracy at normal temperature: ± 15 seconds per month

Display capacity:

- Regular timekeeping mode
 - Hour, minute, second, am/pm, month, date and day
 - Calendar system: Auto-calendar set at 28 days for February
- Timer/stopwatch mode
 - (Timer) Input range: From 1 second to 59 minutes 59 seconds
 - Measuring unit: 1/100th of a second
 - Measuring modes: Normal time and net time
 - (Stopwatch) Measuring capacity: 59 minutes 59.99 seconds
 - Measuring unit: 1/100th of a second
 - Measuring modes: Normal time, net time, lap time and 1st-2nd place times
- Pacer mode
 - Input data: Length of stride (can be set up to 3.95 m in units of 5 cm or 9 feet 11 inches.)
 - Pacer signals (can be set from 65 times/minute to 210 in 31 steps.)
 - Output data: Elapsed time (up to 23 hours 59 minutes 59 seconds), Distance covered (up to 99.9999 Km or 99.9999 Miles)

- Daily alarm function
- Hourly time signal function

Battery:

One lithium battery (Type: BR-2016)

Approx. 2 years operation on type BR-2016 [includes an average of 1 push of the light button per day (1-second duration each), the alarm for 30 seconds per day and pacer mode for 10 minutes per day]

NOTE: THERE IS NO WAY unit components can be damaged or malfunction, due to misoperation of buttons. If confusing information appears on the display it means entry sequence was incorrect. Please read the manual and try again.

